

YOU KNOW THAT YOU ARE AT THE GREATER MILWAUKEE CHAPTER OF POMC SUPPORT MEETING
WHEN:

1. When you stop feeling ill at ease after you arrive at our meeting because everyone is an instant friend.
2. Everyone there wants to hear more about your loved one.
3. You can talk to anyone and never have to talk about the weather.
4. No one cares if you cry or how much you cry, we all understand.
5. Group discussions provide you to ask questions that bother you or just to speak your heart and mind.
6. No one there cares what kind of job, car you drive, or how much money you make because none of that makes a difference.
7. You learn that your life does go on and that you are surrounded by others whose lives prove to you that survivors can learn to laugh, live, love and go on again.
8. We are there to help you and support you in your journeys.